

An essay on sleep

Prompt: Why do we sleep?

Write a five-paragraph essay that talks about why people sleep. Include why sleep is important, what happens when we don't get enough and how much sleep children should get. Perform research to find evidence to support your ideas!

First, use the graphic organizer to help plan your essay.

Essay Topic Sentence:

Body Paragraph #1

Topic Sentence:
Supporting Evidence:

Body Paragraph #2

Topic Sentence:
Supporting Evidence: