

How to Skateboard

Skateboarding is exhilarating - you can move quickly and fly through the air! Before you can do amazing tricks in the air, though, you need to learn the basics of skateboarding, and be prepared for a lot of trial and error.

The first thing you need to do is get a skateboard. It's probably best to talk with a skateboarder to find a store that sells good quality skateboards, not just toys. Many skateboarders create their own setup, but for your first board, someone at a skate shop should be able to help you. A helmet, elbow pads, knee pads, and wrist guards are important to get, as well. It is better to wear all of those than to hurt yourself! Once you are ready to learn tricks, you might also need to buy some skate shoes.

Then you'll need to find a place to skateboard. An empty parking lot (with a safe adult around) or your driveway are good places to start. Skate parks are popping up in many towns now, so try to find one near you!

Wherever you go, though, make sure it's a place where skateboarding is allowed.