

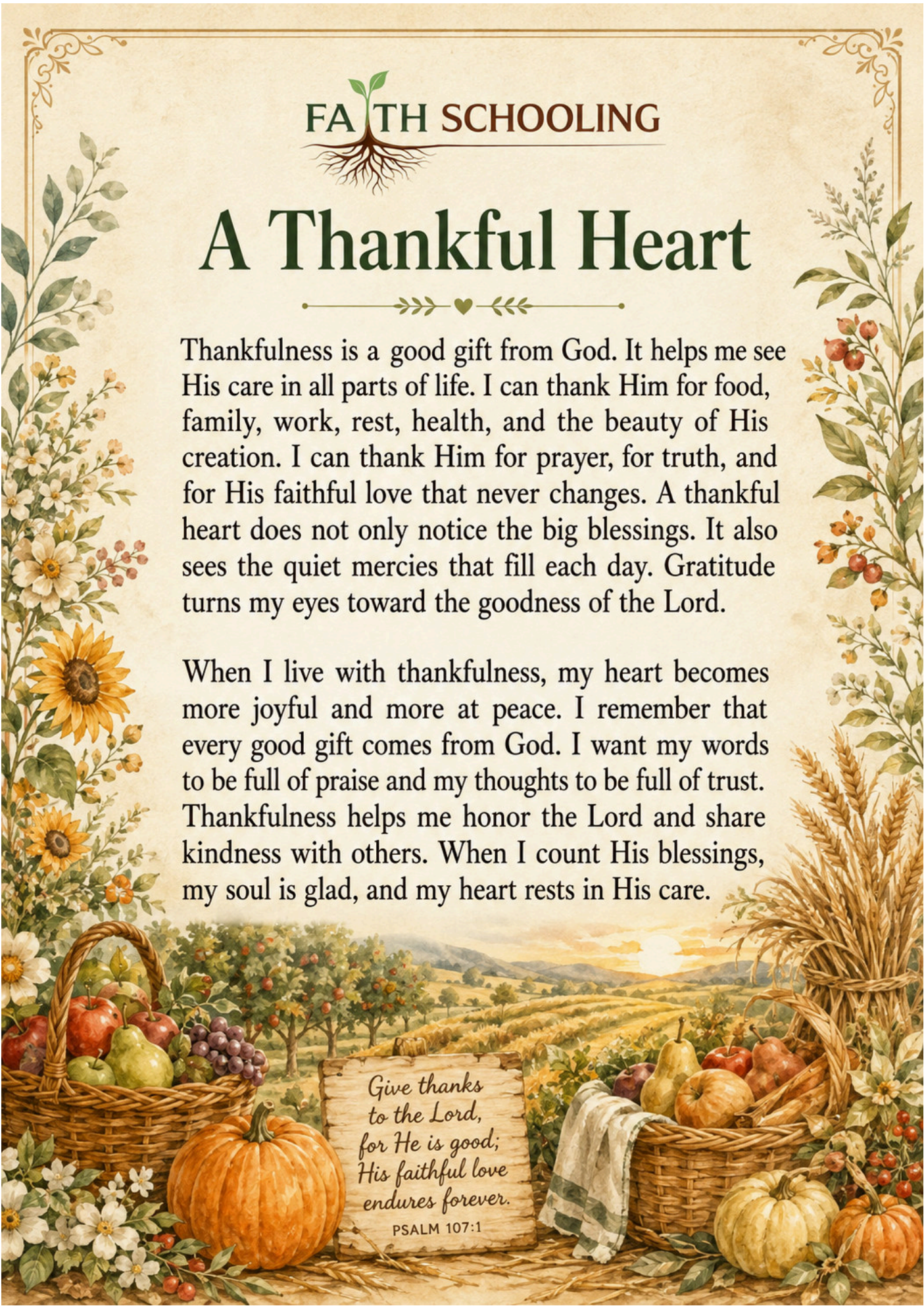


A Thankful Heart



Thankfulness is a good gift from God. It helps me see His care in all parts of life. I can thank Him for food, family, work, rest, health, and the beauty of His creation. I can thank Him for prayer, for truth, and for His faithful love that never changes. A thankful heart does not only notice the big blessings. It also sees the quiet mercies that fill each day. Gratitude turns my eyes toward the goodness of the Lord.

When I live with thankfulness, my heart becomes more joyful and more at peace. I remember that every good gift comes from God. I want my words to be full of praise and my thoughts to be full of trust. Thankfulness helps me honor the Lord and share kindness with others. When I count His blessings, my soul is glad, and my heart rests in His care.



*Give thanks
to the Lord,
for He is good;
His faithful love
endures forever.*

PSALM 107:1